



EIU PRESEASON CAMP - WHAT TO BRING

Clothing:

Bring enough comfortable clothing for 5 DAYS and 6 NIGHTS. T-Shirts are strongly recommended to be light-colored and lightweight. Comfortable shorts are also recommended. Make sure you are able to stretch and work out in all of your clothes.

NOTE: clothing must follow the school dress code. You will be asked to change if any inappropriate clothing is worn. Pack light-colored clothing because it does get HOT.

Apparel for spirit days

- Bring a lightweight jacket or sweatshirt.
- Bring a rain jacket or poncho. An umbrella may also be beneficial. The weather can be unpredictable.
- Please remember that space on the buses is limited, so try to pack as lightly as possible.
- Bring tennis shoes or drillmaster shoes and socks (and sandals or water shoes to wear in the shower) - flip flops or boots will only be allowed for indoor rehearsals; not on the football field. I recommend packing two pairs of tennis shoes
- Bring swimming suit (no bikinis) and beach towel - You may be asked to wear a t-shirt over your suit if it is inappropriate.
- You will be allowed only one large or two small suitcases
- Large water bottle or jug (at least 1 quart) labeled with your name (needed for marching practice)
- Toiletries: Toothbrush/toothpaste, soap, shampoo, conditioner, deodorant, hair dryer, etc.

- Washcloths and bath towels (two towels are provided, but are small)
- Hair dryers and other appliances – share with roommate when possible
- Cellular devices with headphones and charger
- Snacks and drinks for room (optional)
- Bedding for a double extra long size mattress (pillow, pillow case, fitted sheet, flat sheet, & blanket). Bedding is not provided at Eastern Illinois University.
- Instrument
- Folding Music Stand
- Binder with *Inside the Circle & Show Music* (visit www.rcc1.schoology.com to download)
- *Foundations for Superior Performance* book
- Extra reeds, valve oil, etc. (anything needed to keep your instrument playable throughout rehearsal) for band students
- Music for winds and percussion
- Pencils
- Flag and flag bag for color guard students
- Hats or other head-covers are recommended

- Copy of medical card (either scanned into CutTime or a paper copy)
- 6 bottles of water for competitions
- \$200 for Band Fee (checks made to RCHS Band - if not already paid)
- Sunscreen (you will want to reapply frequently) – the sun can burn quickly!
- Alarm clock and headphones (not everyone wants to hear your music!)
- Money or sack meal for Sunday evening (meals not provided this day)
- Spending money for EIU souvenirs and snacks (all meals between Monday & Friday will be provided).
- Sunglasses, bug spray, and air freshener

Things to Remember:

Cell phones may be brought on the trip; however, they will not be permitted during rehearsal or performance.

The chaperones are on the trip on their own time and are there to keep everyone safe. You are to treat them with respect at all times.

Remember that if an instructor or chaperone tells you to do something differently, they are just trying to improve the whole group, not embarrass you in any way or make you feel bad.

Questions or concerns: cjones@rccul.net or ndeimel@rccul.net